



Advancing Research. Improving Lives.™

NRG-CC012CD "SYMON"

Managing Symptoms and Psychological Distress During Oral Anti-Cancer Treatment

September 19, 2024
Practice Personnel Update

Presenters:

Jamillah Gross-Caldwell, Grey Freylersthe

This NRG-Oncology protocol is being conducted in collaboration with NIH/NCI R01 #1R01CA279472-01 funding to Drs. Sikorskii MPI (contact), Badger (MPI) and Crane (MPI).

NRG



Study Team Contacts

<p><u>Principal Investigator</u></p> <p>Alla Sikorskii, PhD Michigan State University</p>	<p><u>Co-Chair, Health Disparities</u></p> <p>Terry Badger, PhD, RN, PMHCNS-BC, FAPOS, FAAN University of Arizona</p>	<p><u>Co-Chair, Patient Reported Outcomes</u></p> <p>Tracy Crane, PhD, RDN University of Miami</p>
<p><u>Co-Chair, Nursing</u></p> <p>Melyssa Foust, MSN, RN Upstate Carolina NCORP</p>	<p><u>NCORP Community Co-Chair</u></p> <p>Vamsi Krishna Vasireddy, DO Carle Cancer Institute</p>	<p><u>Statistician</u></p> <p>Stephanie Pugh, PhD NRG Oncology</p>
<p><u>SWOG Champion</u></p> <p>Virginia Sun, PhD, RN City of Hope</p>	<p><u>Alliance Champion</u></p> <p>Kelly A. Hirko, PhD, MPH Michigan State University</p>	

NRG Oncology Headquarters Contacts

Data Management For questions concerning eligibility or data submission	Lisa Abate abatel@nrgoncology.org Aaron Johnson johnsona@nrgoncology.org
Protocol Development For questions concerning protocol and informed consent versions & amendments	Erica Field, MPH, MHA fielde@nrgoncology.org
Project Managers For questions concerning patient recruitment, data collection, and interventions.	Jamillah Gross-Caldwell, MSU 517-884-7662 Grey Freylersythe, UMiami 305-243-9832 Shared Inbox: symon@miami.edu



Brief Study Overview

Study Background

- There are currently more than 50 U.S. Food and Drug Administration (FDA)-approved oral anticancer agents, and their use is increasing
- Patients on oral agents must self-manage their symptoms (e.g., fatigue, anxiety, skin rash) with less interactions with on oncology team compared to infusion treatment
- Telemonitoring and management of symptoms are key for reducing symptom burden, emergency department or urgent care visits, hospitalizations, and treatment interruptions

Study Rationale

- Testing the implementation of the following conditions in real world of community-based oncology practices:

ATSM + TIPC
(Automated Telephone Symptom
Monitoring & Handbook +/-
Telephone Interpersonal Counseling)

IVR Control
(Telephone Symptom Monitoring
only)

- Data will inform future implementation of this telehealth symptom monitoring strategy, including acceptability, appropriateness, cost, and cost savings due to reductions in unscheduled health service use.

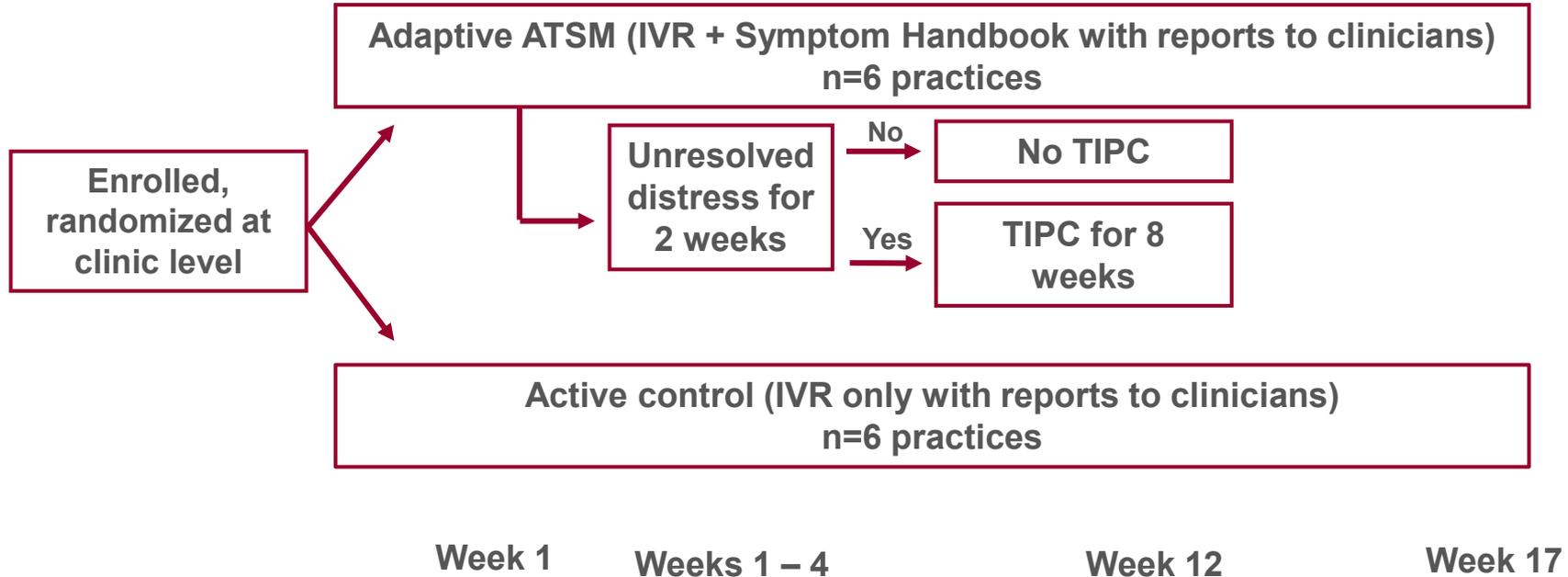
Symptom Monitoring (both arms)

- 24 symptoms will be assessed via IVR weekly for 17 weeks using Patient-Reported Outcomes Common Terminology Criteria for Adverse Events (PRO-CTCAE)
- Symptom severity is rated as 0=none, 1=mild, 2=moderate, 3=severe, 4=very severe
- Weekly summary for each patient is sent to practice (any person or people identified by practice)
- Practice personnel are not required to do anything specific based on the report, but report recipient(s) will be asked monthly what was done

Symptom Management (ATSM+TIPC arm only)

- Patients will be directed to a symptom management handbook in weeks 1-12, to contact their healthcare provider and/or to contact emergency services depending on their symptoms.
- Patients reported elevating psychosocial symptoms in weeks 1-4 will be referred to TIPC (telephone interpersonal counseling) for 8 weeks.

Participant Intervention

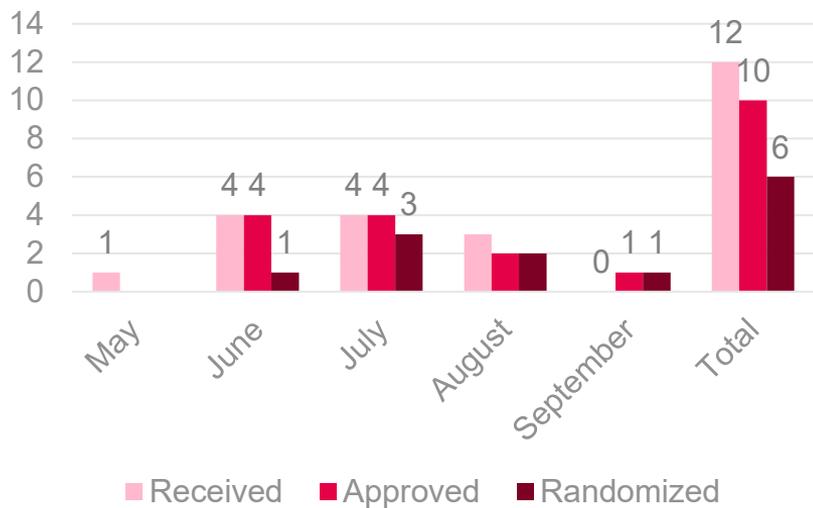




Study Updates

Progress

Practice Site Enrollment



Approved Sites

Progress

- 3 sites pending randomization
 - complete training certificate in CTSU
- 2 sites with enrolled practice personnel
 - Lake Regional MO200
 - GA CaRes GA020
 - Other sites can begin enrolling practice personnel
- CIRB Updates
 - UMiami and UArizona completed CIRB approval
 - MSU pending final local IRB reliance -> **when approved, patient recruitment can begin**

Training Certificate

Training certificate on CTSU must be completed and submitted to the CTSU prior to enrollment of first participant.

**NRG-CC012CD Web-based training
Confirmation of Completion**

Instructions: Submit the completed via the CTSU Regulatory Submission Portal

*This verifies that you have completed viewing the
NRG-CC012CD Training slides.*

• Name _____
(Please type/print)

Your Individual NCI CTEP ID Code: _____

Check one (you are):
 Investigator on IRB Approval
 Research Associate

• Institution Name _____

• Institution NCI CTEP ID Code: _____
(list additional institution CTEP ID Codes if you are the Qualified Investigator for additional sites and the sites are also listed on the IRB/REB approval)

• Date completed _____

Signature: _____



Review of Practice Study Activities

Practice Personnel Eligibility Criteria

Practice personnel will be key stakeholders in this research study, themselves consenting to participation, receiving reports, and completing brief monthly questionnaires. The practice personnel must provide study-specific informed consent prior to study entry.

Eligible: physicians, nurses, nurse practitioners, advanced practice providers, physician assistants, medical assistants, pharmacists and **are involved in symptom management of patients on trial.**

- Planned to be involved in usual care for at least one enrolled patient during patient's participation in the study.
- At least one practice personnel has to receive IVR reports and complete monthly forms (about 30 minutes)

Can be as few as **one** person or as many as applicable, ideally ~4

If applicable – if site has behavioral health professional who will deliver TIPC intervention, they must have licensure or eligibility for licensure in behavioral counseling if required by the State or Territory.

Patient Key Eligibility Criteria

- Must be starting a new course of an oral anti-cancer agent (the list of agents is always posted to the CTSU website), within 4 weeks of registration.
 - Can be receiving sex hormone inhibitor in *conjunction* with other oral anti-cancer agent
 - **Cannot** be receiving treatment with immune checkpoint inhibitor at enrollment
 - All concomitant medications and supportive care treatments are acceptable.
- Cannot be receiving competing supportive care treatments:
 - Cannot be in any other symptom monitoring/management programs or studies
 - Cannot have had 2+ counseling/therapy sessions in past month for mood/psychosocial wellbeing
- Cannot be in hospice at time of enrollment
- Must be able to speak and understand English or Spanish.
- Must have access to a telephone with a touchpad and ability to hear a recording

Patient Enrollment

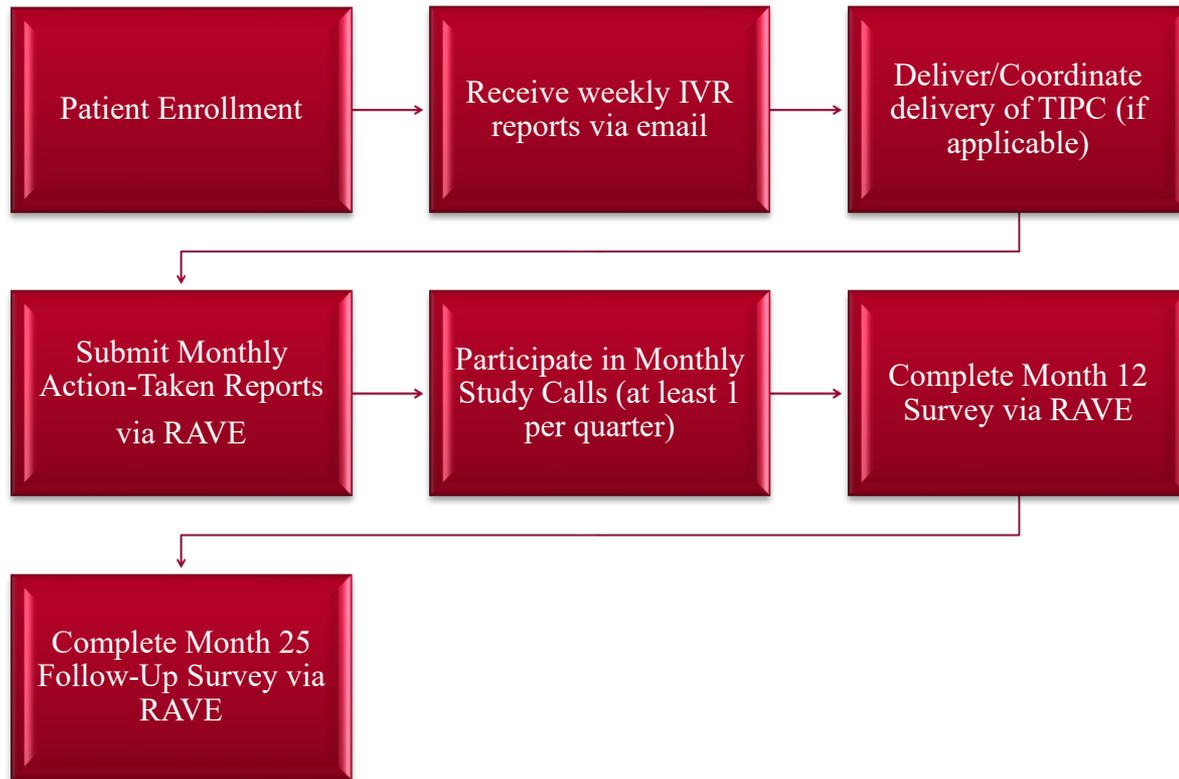
Plan to enroll 2 patients per month on average

Process:



Practice Personnel Activities

- Consented practice personnel will have additional surveys to complete



Example Weekly IVR Report

- Will be sent within ~24hrs of symptom monitoring telephone call, after each weekly call
- Can be sent to as many people as preferred

Provider Report

Patient Name: Elle Example

MRN: 1234567

Study Start Date: 06/28/2024

Below is a summary of your patient's symptoms reported on 06/29/2024

Severe Symptoms

Cough: 4

Arm or leg swelling: 3

Pain: 4

Vomiting: 4

Moderate Symptoms

Pounding or racing heartbeat (Palpitations): 2

Hand-foot syndrome: 2

Headache: 1

No Symptoms Reported

Shortness of breath: 0

Tingling in Hands or Feet: 0

Dizziness: 0

Problems with concentration: 0

Insomnia: 0

Fatigue: 0

Anxiety: 0

Feeling that nothing could cheer you up: 0

Sad or unhappy feelings: 0

Shivering or shaking chills: 0

Unexpected or excessive sweating: 0

Dry mouth: 0

Mouth or throat sores: 0

Decreased appetite: 0

Nausea: 0

Constipation: 0

Diarrhea: 9 (Refused to answer)

Data Management

CTSU

Practice IRB approval

Protocol-specific
training

Site registration
documents

OPEN

Practice Enrollment

Practice Personnel
Enrollment

Patient Enrollment

RAVE

Practice Personnel
Demographics
Questionnaire

Patient Screening Data

Monthly “Action
Taken” Reports

Patient health record
review

Feasibility and
Acceptability
questionnaires (months
12 and 25 only)

SYMION@miami.edu

LOI (retrieve from CTSU)

Patient Contact Form
(within 1 business day
– use encryption)

Blank Rave forms and Summary of Data
Submission are available on the CTSU website.

Key Points

- 10 of 12 sites are now approved
- Approved sites should move forward with IRB approval as soon as possible, contact us for support if needed
- Open sites should begin recruitment and consent of practice personnel
- Study team will contact all sites when patient recruitment can begin, anticipated within next 1-2 weeks

Learn More

- **Contact us!**
 - Jamillah Gross-Caldwell & Grey Freylersythe
SYMON@miami.edu
- **Resources**
 - General information:
 - www.craneresearchlab.org/cc012cd
 - www.nrgoncology.org/Clinical-Trials/Protocol/nrg--cc012cd?filter=nrg--cc012cd
 - NRG Meeting Kick-Off Training
 - nrg2024winter.s3.amazonaws.com/RG-CC012CD+Workshop.mp4





Questions?

MICHIGAN STATE
UNIVERSITY



NRG
ONCOLOGY™